



# Coast to Coast



## CANADIAN 5 PIN BOWLERS' ASSOCIATION

42nd Edition—February 2008

### *C5PBA President's Message*

I hope everyone is enjoying our fantastic game and the scores are exceeding your expectations. While there is a lot happening in the bowling centres across our country, there are not many major items to report this month. I know the volunteers in Ottawa, Winnipeg and Hamilton are ready to host the various National Championships and are eagerly awaiting the time to show off their hospitality.

Once again we are pleased to have an article, in both languages, from our partners at KHP. Please do what you can to provide funding to this charity and in turn help your local Zone with their fundraising. In the next issue, I will provide the names of the winners from the National Youth Challenge tournament. Take care!

Mel Osmond  
President, C5PBA

### Manitoba



Wow, are things busy. It seems we just get finished with qualifying for one Provincial event and another sneaks up behind us. Teams are practicing for the upcoming Open Provincials and others are in the process of qualifying for the Inter-Provincial 220. Good luck to all in these two events.

The Provincial finals in the Hi-Lo Doubles event was hosted by Carman Bowl on February 23rd, with some excellent games being thrown. In the end, a hearty congratulations to Theresa Reed and James Boxshall of Central Manitoba who will be representing Manitoba at the Nationals in April. We are looking forward to hosting this great event...see in the 'Peg!'

Len Isleifson  
M5PBA

### P.E.I.



Greetings from Canada's Green Province...PEI. We are well into the season and have had roll offs for the Open, Youth Challenge and Hi-Lo Doubles. Each year sees a few new faces on the teams. Our Hi-Lo partnership is James Shepard and Lorraine Stevenson. Lorraine is a first year bowler and is thrilled to be representing PEI in Manitoba.

The Open and Youth Challenge teams are fund raising fast and furiously to meet the expenses of their competitions and looking forward to the events. Congrats to them all. I know they will do the Province proud. Until next time...stay ward and bowl well!

Sue MacPherson  
PEI5PBA

### Southern Ontario



Seven more lucky bowlers will be packing their bags and heading south in November. Last weekend we held our League Executive Tournament and Jack Kelso from Uxbridge, Dina Bannon from Mikes Lanes and Gwen Lavelley from Park'N Bowl, won trips for two to the sunny south.

At our Hi-Lo Doubles Provincials, Jason MacKenzie and Peter Fairman of Hastings are off to Winnipeg and the 2008 Nationals. Jason and Peter will join our runner-up team of Rob Walbank and Debbie Slater of York Simcoe and all four will also be heading south in November.

Our elite bowlers will be heading to Hamilton at Easter for what should be an interesting Open Provincial Championships.

Dave Post  
O5PBA

### Alberta



Greetings from Alberta.

Congratulations to our Youth Challenge contingent: Mat Kohel, Jennifer Baker, Parker Anderson, Holly Harris, Catharine Porter and replacing Jeremy Harashymchuk, Alex Deck. Our Scholarship winners are Mat Kohel & Jennifer Baker. Our Youth Challenge Coaches are Debbie Boswell and Kerry Fincaryk. Best wishes to everyone competing in the Nationals! Our High-Low Doubles will run March 16th in Medicine Hat and our Inter Provincial on May 5th and 6th in Calgary. The Open kicks off on March 19th. Good luck to all Participants!

Annette Bruneau  
A5PBA

# Nova Scotia



Good Friendships make memories that last, and with a heavy heart, I must advise that Nova Scotia said goodbye to one of its treasures on Valentines Day, Ed Noftall, age 65, who had coached the Men's team to a Gold Medal in St. John's in 2006, was a bowler, coach, YBC coordinator, entertainer, Grand Knight, husband, father, brother and friend extraordinary. He will be greatly missed by all those whose lives he touched. His wife Heather, daughter Amanda and other family members thank you for your prayers during his illness.

Time is passing very quickly for all of us and soon our Youth Challenge team will be off to Ottawa to start the 5 Pin National circuit. Good luck to our competitors: Chelsea Goulden, Ronna Ryer, Chantal Whitman, Nick George, Calvin Locke and Jeffrey Dugas. Our Hi-Lo competitors Debby Purdy and Susan Matthews from the Shearwater House, swept the Provincial competition on Feb. 23rd, bowling 403 pins over average. Debby averaging 262.6 had her best day of bowling since joining the 5 pin game three years ago. Her partner Susan, has been bowling at the National level for 15+ years and has always wanted to bowl in Winnipeg, failing to make the NS team when competitions were held in Manitoba. Both girls are really excited and will prove to be strong competitors.

Our Open qualifying has been completed and the contingent is looking forward to Hamilton, especially Chris Henderson one of our "come from aways" who will be returning to his home turf for his first adult National tournament. Our two POA teams are busy practicing and fund-raising in preparation for Thunder Bay complete with two repeat competitors, Donna Burchell and Carol Styles. Thunder Bay may never be the same once they land on its soil! We would also like to thank Thunder Bay for sending us one of their own. Trevor Stevenson has taken up residence here in Halifax and has volunteered to do "whatever" to help our Association and that offer will surely be accepted.

Synthia Schofield  
NS5PBA

## KHP

### Relationships

It's common for teens to feel pressured to be in a relationship, but they shouldn't feel rushed to find a partner. They should remember that getting to know different people can be a great part of dating. It's also a way for to discover new interests or hobbies while making new friends.

Even when a teen's friends are dating, there's nothing wrong with them being single. Sometimes it's hard for friends to understand that a person is happy being single. It's important for the teen not to feel pressured to rush into a relationship.

Keeping open lines of communications with your teen is important. You may have questions about who they're spending time with and who they're dating. Talking to them about your concerns and listening to their opinions can help build trust and alleviate any worries you may have.

Do you know a teen that may want to talk about relationships? No matter what the problem, young people can call Kids Help Phone 24 hours a day, 7 days a week for free at 1-800-668-6868 or [www.kidshelpphone.ca](http://www.kidshelpphone.ca)



## KHP

### Relations

Il n'est pas rare que les adolescents subissent de la pression pour s'engager dans une relation, mais ils ne devraient pas se sentir obligés de se trouver un partenaire à tout prix. Ils doivent se rappeler qu'apprendre à connaître diverses personnes peut être un aspect très intéressant des relations amoureuses. C'est aussi une façon de découvrir de nouveaux centres d'intérêt ou passe-temps tout en se faisant de nouveaux amis.

Même si les amis d'un adolescent sont engagés dans des relations amoureuses, il n'y a pas de mal à ce que cet adolescent, lui, soit célibataire. Il est parfois difficile pour des amis de comprendre qu'une personne puisse être heureuse sans être dans une relation amoureuse. Il est important que l'adolescent en question ne se sente pas forcé de s'engager dans une relation.

Il est important que votre adolescent sente qu'il peut communiquer avec vous à tout moment. Il est possible que vous ayez des questions au sujet de ses fréquentations amicales et amoureuses. En lui confiant vos préoccupations et en écoutant son opinion, vous pouvez gagner sa confiance et dissiper vos propres inquiétudes.

Connaissez-vous un adolescent qui aimerait parler de relations? Quel que soit le problème, les jeunes peuvent communiquer gratuitement avec Jeunesse, J'écoute 24 heures sur 24, 7 jours sur 7 au numéro 1 800 668-6868 ou à l'adresse [www.jeunessejecoute.ca](http://www.jeunessejecoute.ca)