

COAST TO COAST

A 5 Pin Bowling Publication



November 2008

Issue #45

A QUARTERLY
PUBLICATION
OF THE C5PBA

- NCCP provides new direction for coaches
- Bowl Across Canada update
- KHP talks about balance

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President's Message *by Mel Osmond*

Well, here we are into another year.

Congratulations on becoming or continuing your membership in an Association of dedicated volunteers and wonderful competitors!

Outlined below are items of interest that indicate your Association is moving forward in this fast paced environment:

NCCP – please read the attached article for information on this program.

LTAD – Please use the attached link to complete the appropriate survey.

www.c5pba.ca
Membership cards – our new cards are in circulation and the Provincial Associations are working towards inputting their membership data in a pre-designed Excel database.

Membership (YBC) – in 2009/10, all 1st year members, who went through the YBC program the previous year, and now bowl in a sanctioned league, will be given a 1-year free membership.

100th Anniversary – Len Isleifson and his committee have completed several projects and now are

working towards the final details for the 2009 celebrations. As we speak, Terry Burns is completing his “100 days of Bowling across Canada” tour.

Strategic Planning

Session – prior to our August AGM we had an outside facilitator lead us through a necessary exercise to plan our road map for the next 5 years. More details will follow in subsequent newsletters.

IP Tournament – At our AGM, it was agreed to discontinue our Hi-Low Doubles tournament and replace it with a new 4-person POA team tournament (includes Level I coach).

Sponsorship - we have formed a partnership with Canadian Sports Magazine. Through our efforts to assist them in attaining additional subscriptions we will receive \$5 per subscription. It has been decided \$1 will go to KHP and \$4 back to the Provinces for their fundraising efforts. Please read the additional article in this newsletter.

KHP – a new agreement has been signed for the upcoming year and we are

extremely pleased to be aligned with this special charity.

AIL – again this year, we are including AIL cards with our membership cards that will provide our members with an opportunity to acquire additional insurance for themselves and their families. As part of their commitment to our Association, they have committed to provide two \$500 scholarships for our National Youth Challenge tournament (started in 2008).

Tournaments – The Youth Challenge will be in Hamilton, ON from March 26 – 29; IP will be in Regina, SK from April 23 - 26; OPEN will be in Saskatoon, SK from June 2 – 6.

Rule Book – A committee has been established to review the current rule book, recommend changes and report back to the Board at the January 2009 SAGM.

Executive Director – Sheila Carr, who has been the “face” of our Association for many years, was appointed to this position at our AGM.

School-life Balance *by Kids Help Phone*

The school year is well underway and there are lots of fun clubs, sports teams and other activities for kids and teens to join. But school projects and homework are very important and sometimes it's hard to balance the fun and not-so-fun activities.

Here are some tips you can use to help a young person balance time:

- Offer to help them schedule time for homework as well as fun activities.
- Suggest they set goals to complete homework by

trying to plan how long it will take to complete each task.

- Encourage them to prioritize activities – is there time to go play soccer now or should they do some homework and, time permitting, play soccer later?
- Help set up a quiet area to do homework - somewhere away from distractions like computer games, loud

music and anything that lowers concentration.

Remember, Kids Help Phone counselors are available 24 hours a day, seven days a week for free, anonymous and confidential support for kids and teens. Kids Help Phone can be reached at 1-800-668-6868 or online at kidshelpphone.ca



"being there for kids"

Trouver un équilibre entre études et vie personnelle

L'année scolaire est bien entamée, et vos enfants ou adolescents peuvent se joindre à une panoplie de clubs, d'équipes sportives ou d'activités parascolaires. Mais les travaux scolaires ont une grande importance et l'équilibre entre devoirs et plaisirs est parfois difficile à établir.

Voici quelques conseils pour aider votre enfant ou votre adolescent à bien répartir son temps :

- Offrez de les aider à planifier du temps pour les travaux scolaires et pour les activités de divertissement.

- Suggérez-leur d'essayer, pour cibler une heure à laquelle terminer leurs devoirs, d'évaluer le temps nécessaire pour terminer chaque tâche.
- Encouragez-les à établir une priorité dans leurs activités – jouer au soccer maintenant ou faire ses devoirs et jouer ensuite au soccer, s'il reste du temps?
- Aidez-les à aménager un coin tranquille pour faire leurs devoirs, éloignés des

distractions telles que les jeux électroniques, la musique forte et tout ce qui diminue la concentration.

Souvenez-vous que les intervenants de Jeunesse, J'écoute sont présents 24 heures par jour, sept jours par semaine pour offrir un soutien gratuit, anonyme et confidentiel aux jeunes. Vous pouvez joindre Jeunesse, J'écoute au 1-800-668-6868 ou sur Internet à jeunessejecoute.ca



Rolling Across Canada *by Len Isleifson*

A sunny day has blessed the east coast on a September day as we try to figure out how to spend the final days before the snow flies. Then it hits me, let's go down to the local bowling centre and watch some guy bowl across Canada. This may sound incredible, but it's true.

The mayor of St. John's, the president of C5PBA and many other distinguished people were on hand for the opening of the 100 days tour. Commencing on September 11, 2008 in St. John's, Newfoundland and wrapping up in Duncan BC on December 18, 2008, Terry has an incredible journey ahead.

After dipping his custom made bowling balls in the

Atlantic Ocean, Terry's first games of 192, 230 and 242 started things off with a bang. Holiday Lanes, a 12-lane string centre with Quibica scoring, was the start of the journey. The tour continues as Terry reaches the half-way point of his journey in late October. With plenty of cake in his belly, hundreds of games thrown already and many media interviews done, Terry leaves Ontario and the eastern provinces. Terry enters Manitoba on November 3 as he begins his western journey and his last 50 days. There are certainly lots of events planned as he continues his trek across western Canada and the demand for media interviews by local radio and television

continues.

As Terry fulfills his dream in this tour, he has quickly become an ambassador to our game and is the talk of the sports world from coast to coast.

"We celebrate hockey and lacrosse but five-pin bowling is Canadian, too, and 100 years of anything, in my opinion, is worth taking note of."

- Terry Burns



"Terry Burns prepares for his 100 day journey with a dip in the Atlantic Ocean"

November 11, 2008



Remember Them

Transgender people have lost their lives in the death camps, as soldiers in conflicts and violently in peacetime!

Transgenderzone.com

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We're on the Web!

See us at:

www.c5pba.ca

New Minister of State for Sport

Good news folks - the Prime Minister has just appointed Gary Lunn as Minister of State for Sport. This will bring together the various sporting elements (including Vancouver 2010) under one Minister with a seat at the cabinet table. It is also notable that Minister Lunn has been appointed to the Cabinet Committee on

Social Affairs and to the Treasury Board.

Minister Lunn resides in Sidney, BC (just outside Victoria) and his riding (Saanich-Gulf Islands) is home to the new Pacific Institute for Sport Excellence. You'll be safe if you hit the slopes with the Minister as he's a former member of the

Canadian Ski Patrol. Please take the time to write to the Minister and congratulate him on his new leadership role.

THE NEW NCCP

Community Coach (Community Sport Initiation – CSn-I)

New Coaches:

The Community Coach replaces the current Level 1 Technical clinic as well as the Theory 1 (Competition A) for all **NEW** coaches.

The Canadian 5 Pin Bowlers' Association has integrated the Competition A requirements into the Community Coach clinic. This eliminates the requirement for coaches to take a technical as well as theory clinic in order to be certified.

Existing Coaches:

All current Level 1 certified coaches are required to have the Making Ethical Decisions module in order to be granted the Community Coach equivalency. In order to make this transition easier for our coaches, the Canadian 5 Pin Bowlers' Association has decided that existing Level 1 coaches may attend a

Community Coach clinic for the Making Ethical Decision module only (approx. 1 ½ hours) at a nominal fee to cover registration costs, etc. All Level 1 coaches wishing to be granted Community Coach equivalency, must complete the Making Ethical Decisions module by December 31, 2013.

Exception for Existing Coaches:

Any coach that has taken the Competition A (replaced Theory 1) is **NOT** required to take the Making Ethical Decisions module of the Community Coach because it is in the Competition A. In order to ensure that these coaches receive Community Coach equivalency. The Provincial Technical Director should forward an email to c5pba@c5pba.ca requesting equivalency with the coach's name

and CC number.

Introduction to Competition – (Comp Intro)

The Canadian 5 Pin Bowlers' Association is currently in the developmental phase of this program which will replace our current Level 2 technical program. Once again, elements from Competition A as well as Competition B will be integrated into the technical clinic and again, this will eliminate the requirement for our new coaches to take a technical as well as theory clinic.

